		COLEUS
BOTANICAL NAME	:-	Coleus forskohlii
FAMILY	:-	Labiatae
LOCAL NAME	:-	
HINDI NAME	:-	



HABITS AND HABITATS :-

It is commonly found on dry barren hills of India. This species is cultivated in small patches in Sourastra, Kaira district and South Gujarat.

PLANTS DESCRIPTION :-

It is upright herbaceous plant. Leaves are opposite and stems are four angled. Flowers appear in terminal spike-like racemes. This species is cultivated for the roots which are pickled and eaten.

PARTS USED :-

Root.

MEDICINAL PROPERTIES AND USES :-

The roots is useful in ophthalmology for treatment of glaucoma.

CHEMICAL COMPOSITION:-

The alkaloid forskolin present in the root.

PRODUCTION TECHNOLOGY :-

Cultivated in light, rich, well-drained soil in sun. Provide ample moisture during the growing season but keep on the dry side in winter. Pinch out tips during the growing season to encourage bushy growth. Cut back straggly plants in spring. Propagation by seed sown at 19-24° C. When ripe, by stem-tip cutting at any time, avoiding excessively damp conditions. Leaves are picked as required and used fresh